Find a Health Care Provider

Through your health plan, you have access to the First Health network of doctors, hospitals, and facilities. First Health is a national PPO network offering you a range of quality choices to help you stay healthy. With this access, you will be guaranteed lower copays and coinsurance when you receive care from an in-network provider versus one that is out-of-network.

Steps to finding a First Health Network provider

1. Go to alliedbenefit.com/ProviderNetworks and select "First Health Network."

2. Click on "Locate a provider or Create a directory."

3. Under **Network Options**, select **First Health network**. Click **Start now.**

4. Select the type of provider you are looking for: physician, hospital, urgent care center, lab and radiology, or all providers .

5. Select Search by ZIP code or Search by state.

6. Click Search now

7. View your results, or refine your search further from the results provided